

[A Year of Living Productively](http://www.psychowith6.com/a-year-of-living-productively/)

[Week 1: Paper To-Do List](http://www.psychowith6.com/can-a-paper-to-do-list-help-you-get-more-done/)

[Week 2: Covey's Quadrants](http://www.psychowith6.com/do-coveys-quadrants-help-you-get-more-done/)

[Week 3: Routines](http://www.psychowith6.com/do-routines-help-you-get-more-done/)

[Week 4: Paper Planner](http://www.psychowith6.com/can-a-paper-planner-help-you-get-more-done/)

[Week 5: SMEMA](http://www.psychowith6.com/can-mark-forsters-simplest-and-most-effective-method-help-you-get-more-done/)

[Week 6: Guilt Hour](http://www.psychowith6.com/can-a-guiltn-hour-help-you-get-more-done/)

[Week 7: Envision Ideal Day](http://www.psychowith6.com/can-envisioning-your-ideal-day-help-you-get-more-done/)

[Week 8: Do it Tomorrow](http://www.psychowith6.com/can-mark-forsters-do-it-tomorrow-help-you-get-more-done/)

[Week 9: Pomodoro](http://www.psychowith6.com/can-the-pomodoro-technique-help-you-get-more-done/)

[Week 10: Time Warrior](http://www.psychowith6.com/can-time-warrior-principles-help-you-get-more-done/)

[Week 11: Scheduling](http://www.psychowith6.com/could-scheduling-tasks-help-you-get-more-done/)

[Week 12: The Repeat Test](http://www.psychowith6.com/could-the-repeat-test-help-you-get-more-done/)

[Week 13: Personal Kanban](http://www.psychowith6.com/could-personal-kanban-help-you-get-more-done/)

[Week 14: Eat That Frog](http://www.psychowith6.com/could-eat-that-frog-help-you-get-more-done/)

[Week 15: Vacation](http://www.psychowith6.com/could-taking-a-vacation-help-you-get-more-done/)

[Week 16: David Seah's7:15AM Ritual](http://www.psychowith6.com/could-david-seahs-715am-ritual-help-you-get-more-done/)

[Week 17: Another Simple and Effective Method](http://www.psychowith6.com/can-another-simple-and-effective-method-help-you-get-more-done/)

[Week 18: Daily/Weekly/Monthly To-Do List](http://www.psychowith6.com/can-a-dailyweeklymonthly-to-do-list-help-you-get-more-done/)

[Week 19: Ultimate Time Management System](http://www.psychowith6.com/can-mark-forsters-ultimate-time-management-system-help-you-get-more-done/)

[Week 20: Getting Things Done](http://www.psychowith6.com/can-david-allens-getting-things-done-really-help-you-get-more-done/)

[Week 21: Time Blocking](http://www.psychowith6.com/can-time-blocking-help-you-get-more-done/)

[Week 22: Morning Ritual](http://www.psychowith6.com/can-a-morning-ritual-help-you-get-more-done/)

[Week 23: Beat the Week](http://www.psychowith6.com/can-beat-the-week-help-you-get-more-done/)

[Week 24: Productivity Ritual](http://www.psychowith6.com/can-a-productivity-ritual-help-you-get-more-done/)

[Week 25: Make it Happen in 10 Minutes](http://www.psychowith6.com/can-make-it-happen-in-10-minutes-help-you-get-more-done/)

[Week 26: Focus & Relief List](http://www.psychowith6.com/can-a-focus-relief-list-help-you-get-more-done/)

[Week 27: Accountability Chart](http://www.psychowith6.com/can-an-accountability-chart-help-you-get-more-done/)

[Week 28: Limiting Choices](http://www.psychowith6.com/can-limiting-choices-help-you-get-more-done/)

[Week 29: Zen to Done](http://www.psychowith6.com/can-zen-to-done-help-you-get-more-done/)

[Week 30: Heatmapping](http://www.psychowith6.com/can-heatmapping-help-you-get-more-done/)

[Week 31: Gamification](http://www.psychowith6.com/can-gamification-help-you-get-more-done/)

[Week 32: The 12 Week Year](http://www.psychowith6.com/can-the-12-week-year-help-gtd/)

[Week 33: David Seah's Ten for Ten](http://www.psychowith6.com/can-david-seahs-ten-for-ten-help-you-get-more-done/)

[Week 34: David Seah's Emergent Task Planner](http://www.psychowith6.com/can-david-seahs-emergent-task-planner-help-you-get-more-done/)

[Week 35: Steve Kamb's Do It Now](http://www.psychowith6.com/can-steve-kambs-do-it-now-help-you-get-more-done/)

[Week 36: Rising Early](http://www.psychowith6.com/can-rising-early-help-you-get-more-done/)

[Week 37: Computer Shortcuts](http://www.psychowith6.com/can-computer-shortcuts-help-you-get-more-done/)

[Week 38: Interrupter's Log](http://www.psychowith6.com/can-an-interrupters-log-help-you-get-more-done/)

[Week 39: Project Management](http://www.psychowith6.com/can-project-management-help-get-done/)

[Week 40: Little and Often](http://www.psychowith6.com/can-little-often-help-get-done/)

[Week 41: Problem Solving Approach](http://www.psychowith6.com/can-problem-solving-approach-help-get-done/)

[Week 42: Inbox Zero](http://www.psychowith6.com/can-inbox-zero-help-you-get-more-done/)

[Week 43: Resistance List](http://www.psychowith6.com/can-resistance-list-help-get-done/)

[Week 44: Time Tracking](http://wp.me/p2M4mD-XG)

[Week 45: No To-Do List](http://www.psychowith6.com/can-working-without-list-help-get-done/)

[Week 46: Delegating](http://www.psychowith6.com/can-delegating-help-get-done/)

[Week 47: Advanced Scheduling Guest Post](http://www.psychowith6.com/college-students-ceos-manage-time-way/)

[Week 48: Goal Setting Guest Post](http://www.psychowith6.com/set-goals-work-free-worksheet)

[Week 49: 7 Habits Guest Post](http://www.psychowith6.com/roles-goals-lessons-productivity-7-habits/)

[Week 50: Christian Perspective Guest Post](http://www.psychowith6.com/real-cure-time-management-anxiety)