



If you don't do what's most important today...

If you don't go to the gym...don't make a healthy meal...don't read to your child...don't put money in savings...don't encourage your spouse...don't write a page of your book...don't work on your business plan...don't spend time with God...

Then it will be easier not to do it tomorrow...

It will be easier to hit the snooze button...go through the drive-through...surf the internet...spend too much...criticize...get lost in busy work...watch TV...stare at your phone...

And it will make sense to put it off until next week or next month...

When the weather is better...when you feel better...when you've had time to rest...when the extra money comes in...when it's a special occasion...when you're not traveling...when you don't have so many commitments...when you're not so stressed...

When you'll try to get caught up...

By working out twice as long...eating half as much...spending a whole weekend focused on your kids...selling something to build your savings...going on a trip with your spouse...writing a book in a weekend...networking at a conference...attending a church retreat...

But months later, you won't have anything to show for it...

You won't remember what you did when you weren't at the gym...what you ate in exchange for a healthy body...how you spent your evenings when you weren't playing with your child...what you spent your money on...what was more important than your marriage...what you created when you weren't writing your book...where you spent your time when you weren't pursuing your dream...who you were relating to when you weren't getting to know God...

So do what's most important today...

Get a short workout in...eat some fresh vegetables...read a funny book to your children...take the money you would have spent at the drive-through and save it...surprise your spouse with a loving gesture...set a timer and write for 15 minutes...take one step toward your goal...pray and read a chapter of the Bible...

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Ephesians 5:15-16

Inspired by the teaching of Andy Stanley in [The Best Question Ever](#)